



## **Accessibility Guide**

Go Swim will deliver a series of mass participation swim events at Loch Tay, Loch Lomond, and Loch Morlich. We welcome all Open Water Swimmers to our Go Swim Events and want to make the events as inclusive as possible.

The following guide aims to give you all the information you need to allow you to make a decision about entering one of the events. It aims to cover those with mobility needs, those who are visually impaired (VI swimmers), and anyone else who may need some support to access the swims. Everyone has their own needs, so please contact us to discuss how we can support you in your chosen venue and swim at [info@go-swim.uk](mailto:info@go-swim.uk)

All our swims are delivered with a full safety team of paddlers and motorised safety craft who are experienced in event swim safety.

Whilst we strive to make the Event and its activities as inclusive as possible, there might be some barriers that we may not be able to remove fully. Support swimmers can offer a solution to this and support with access. If any disabled or adaptive swimmer requires a support swimmer, this person can enter for no cost. Please book your entry as normal, and then email [info@go-swim.uk](mailto:info@go-swim.uk) with proof of disability and a second entry will be made available free of charge.

## **Go Swim Loch Tay**

### **General information:**

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- General Event Registration is at the Sports Pavilion in Kenmore Recreation Ground.
- The Swim Start is 0.9Km from the Registration area
- For any disabled/adaptive swimmers there is a separate Registration area at Taymouth Marina

### **Parking:**

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There are 6 accessible Parking spaces at Taymouth Marina

The Car park Surface is Asphalt and is slightly undulating but suitable for wheelchair access

### **Toilets**

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There is an accessible toilet in the Recreation Ground Car Park and an accessible toilet at Taymouth Marina at the Swim start.

### **Registration**

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Registration for disabled/adaptive swimmers is situated at Taymouth Marina in a temporary marquee structure placed on a solid grass surface.

Any VI swimmers should make themselves known at registration where we can confirm what arrangements have been made for your swim, i.e. whether you have your own guide, or the Event Director has arranged for you to pair up with another swimmer or you have been assigned to a particular kayaker. This applies to registration at all three of our swims.

### **Swim Access & Egress**

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Access to the start of your swim is from a concrete slipway, which is carpeted to the water's edge. The Loch bed is stony to begin with but soon becomes sandy above waist depth. There is a gradual change of depth.

Your finish is on the same slipway.

The start/finish team can on hand to assist with any support in and out of the water and help with handling mobility aids.

For VI swimmers, please bring a tether, if you have one, for you and your guide to use. If you have any other equipment such as a vest or armband that is marked VI swimmer, please bring that with you. It will help others to be more considerate around you.

Please bring a tow float; these are not compulsory (unless you are swimming without a wetsuit) but it may help to have one and have it marked that you are a VI swimmer.

## **Go Swim Loch Lomond**

### **General information:**

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- Event Registration is within the Event Village at Duncan Mills Memorial Slipway in a temporary marquee structure.
- There is easy access to the Registration Area suitable for wheelchair access, on a level tarmac surface.

### **Parking**

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There are 6 accessible parking spaces at Loch Lomond Shores with easy Wheelchair access to the Registration area which is 600m from the disabled parking bays. The Car Park is on asphalt with an asphalt footpath wide enough for wheelchair access and on the level all the way to the Registration area.

There is the option of a drop off area close to the Event Village, where you can drop off swimmers and park in the Event car park, returning to pick up at the end of the swim.

### **Toilets**

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There is an accessible toilet in Event Village and at Loch Lomond Shores shopping outlet.

### **Registration**

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Registration is situated within the Event Village at Duncan Mills Memorial Slipway  
Access from the accessible parking is on paved slab footpath, 600m to the event village.  
The Registration area is on a level asphalt surface.

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## Swim Access & Egress

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Access to the start of your swim is from a concrete slipway, which is carpeted to the water's edge. The Loch bed is smooth with a gradual change of depth.

Your finish is on the adjacent slipway.

The start/finish team will be on hand to assist with any support in and out of the water and help with handling mobility aids.

## Go Swim Loch Morlich

### General information:

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- Event Registration is on Loch Morlich Beach in a temporary marquee structure.
- Access to the Registration Area is not suitable for standard wheelchair access. However, we have teamed up with <https://www.able2adventure.co.uk> and we can provide a small number of off-road wheelchairs that give excellent access to the beach. Please email us at [info@go-swim.uk](mailto:info@go-swim.uk) to book your off-road wheelchair.
- Carer/Support swimmer tickets are free and will be issued on proof of disability. Please order the paid for entry and then email [info@go-swim.uk](mailto:info@go-swim.uk) with the proof of disability and your order number and you will receive a coupon to register your support swimmer.

### Parking

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There are 6 accessible parking spaces at Loch Morlich Beach Car Park with easy Wheelchair access to the event village area where you can pick up any booked off road wheelchair. The Car Park is on solid cinder surface slightly undulating to the event village.

### Toilets

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There is an accessible toilet in Event Village.

## **Registration**

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Registration is situated on the beach.

Access from the accessible parking is not suitable for a standard wheelchair but you can book an off-road wheelchair, see the detail in the general information

## **Swim Access & Egress**

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Swim Start and Finish are approximately 75m from each other and the start/finish teams can be on hand to assist with any support in and out of the water and help with handling mobility aids.

Access and egress are on the level and on soft sand underfoot, with gradual change in depth.

Our aim is to make your open water swimming experience an enjoyable one. Please keep an open dialogue with us before and during the event so that we can help you. Please also provide us with constructive feedback after the event so that we can improve for future years.